



**DR ZIGGY YEH**

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## Gastrosocopy Preparation

1. The Bowel Preparation is not required unless you schedule a colonoscopy at the same date. If you are having two procedures, please also refer to ***Colonoscopy Preparation Sheet***.

2. Cease the medications as per Dr. Yeh's instruction

- a. Stop Proton Pump Inhibitors (such as Somac, Nexium) for 2 weeks
- b. Stop H2 Blockers (such as Zantac, Pepcid AC, Tagamet) for 2 weeks
- c. Stop Aspirin, Plavix or Warfarin for one week (such as Cartia, Astrix, Disprin, Asasantin, or Isocover)
- d. Stop Non-vitamin k Oral AntiCoagulants (**NOAC** such as Pradaxa, Eliquis, or Xarelto) for 72 hours
- e. Stop SGLT2 Inhibitors, a new diabetic medication, for 72 hours (such as Dapagliflozin, Forxiga, Empagliflozin, Jardiance, Canagliflozin, or Invokana)

3. Follow the Fasting Instruction from the Booking and Admission Unit of the Hospital

4. Arrange a relative or a friend to pick you up after the procedure. It is illegal to drive under the influence of sedative medication. It is safe to drive a motor vehicle or operative machinery 24 hours after the procedure.

5. Ensure there is close supervision by your relative or friend for 12 hours after discharge home.

6. Dress casual clothes. Don't wear jewelry and lipstick. Leave valuables at home.